





### Office Yoga & Mindfulness - 8:00 a.m.



Callie Rich Neal
Career Technical Education Teacher
Fulbright Distinguished Teacher Award







Owner of JoJo's Dance Studio Spotify Podcast: Successfully Unstuck







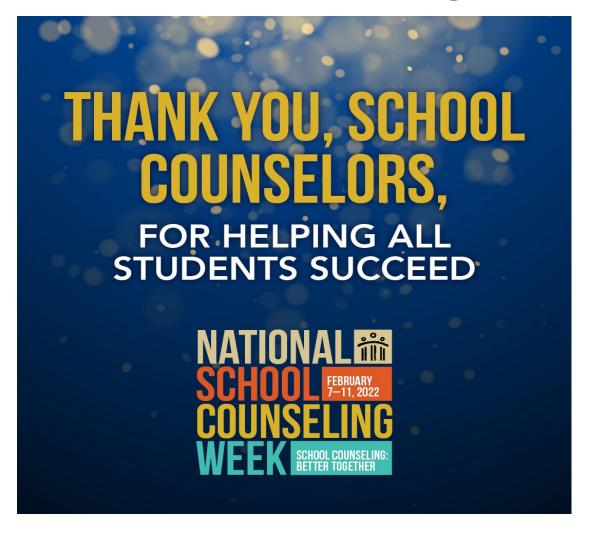
### Welcome







### National School Counseling Week 2022









Catalina Cifuentes
Executive Director
College and Career Readiness



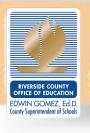
Dr. Yuridia Nava
Coordinator
College and Career Readiness





#### **Please Rename Yourself!**

- **Step 1**: When in a meeting, click on <u>Participants</u> at the bottom of your screen in the calling bar.
- **Step 2**: Hover the mouse pointer above your name until you see the option to select *More*.
- **Step 3**: Once you see it, click on it and select *Rename*.
- **Step 4**: Enter your First Name, Last Name, and School Name in the text field and click on <u>Ok</u> to confirm your selection.





## Post and Celebrate On Social Media Use #SCLN2022 for a chance to win a DoorDash, Starbucks, or Amazon gift card!

INSTAGRAM
@RCECUS







TWITTER









## Celebrate Our Social Media Winners From Day 1

Mary Godoy - Romoland USD Jon Mitchem - Menifee USD

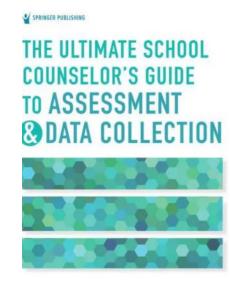






## Dr. Sandi Logan McKibben School Counseling Coordinator Clinical Assistant Professor Sacred Heart University









#### **Network Session Tips & Tricks**

All sessions are being recorded and will be uploaded to the Sched App through February 28, 2022 and then be moved to the RCEC website. For directions on how to make a FREE account on the RCEC website to access all materials and resources, please visit the MAP section on the Sched app.

Since all participants have been muted, please use the Q&A and/or chat features to enter your questions.

Each breakout session is 60 minutes including the Q&A so if we don't get to your question, please submit it in the chat and we will try to send out an FAQ with the answers.





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